



Mount Holyoke Range State Park  
Massachusetts Department of Conservation and Recreation

## JULY-AUGUST 2022 PROGRAMS

All programs are free, open to the public. Unless otherwise noted, meet in the Visitor Center, 1500 West Street, Amherst. Parking is free. All children must be accompanied by an adult. Reasonable accommodations available upon request. \*Storms cancel all outdoor programs. Call to confirm. If you have questions, call the park at **(413) 253-2883** Please follow all current COVID guidelines. Visit [Mass.gov/COVID](https://www.mass.gov/).

**OPEN DAILY** **NOTCH VISITOR CENTER, 9:00 a.m.—4:00 p.m.\***  
The Visitor Center features free exhibits, park information, restrooms and drinking water. Wheelchair accessible. Accessible by PVTa public transit (Amherst R38). Open late-May through mid-October. \*Times and dates are subject to change.

**DAILY,  
ONGOING  
AT VISITOR  
CENTER**

### SCAVENGER HUNT

Suitable for families with young children. A self-guided handout sends you around the Notch Visitor Center grounds to seek natural treasures! This activity is self-guided.

### NATURE ACTIVITIES

For ages 5 and up. A self-guided exploration of nature, a sensory touch table and an activity!

**MONDAYS &  
SUNDAYS**

### BIRDING, 9:00 a.m.—9:30 a.m.

For ages 12 and up. Join a Park Interpreter for a beginner birding program. Discover more about birds, their behaviors, their needs, habitats and significance. Listen, watch, sketch or journal on this interactive program. This is an easy, 1/4 mile hike. Meet inside the Notch Visitor Center.

**TUESDAYS**

### FIRE AND ICE GEOLOGY, 10:00 a.m.—10:30 a.m.

For ages 7 and up. The Holyoke Range was formed by both fire and ice! Explore this 200-million year old story of dinosaurs, lava and glaciers with a Park Interpreter. Meet inside the Notch Visitor Center.

**WEDNESDAYS**

### TROLLEY TRAIL, 10:00 a.m.—10:30 a.m.

For ages 7 and up. This talk uncovers the story of the trolley that once connected Holyoke to Amherst. It fostered community and connections to recreation areas like The Notch. Meet inside the Notch Visitor Center.

**THURSDAYS**

### WILD WOODS WALK, 10:00 a.m.—10:30 a.m.

For ages 12 and up. Join a Park Interpreter for an eye-opening walk. Discover dynamic, colorful, and life-supporting plants on the Mount Holyoke Range. This is a moderate, 3/4-mile hike. Meet inside the Notch Visitor Center. \*Storms cancel all outdoor programs.

**SATURDAYS**

### EMPOWERMENT HIKE, 10:00 a.m.—10:45 a.m.

For ages 14 and up. This guided hike follows a challenging, but fun trail. Build your navigating skills, connect to nature and learn how to become a better steward. This is a moderate to advanced, hike with challenging terrain. Meet inside the Notch Visitor Center. \*Storms cancel all outdoor programs.

**Notch Visitor Center, Mount Holyoke Range State Park**  
1500 West Street, Amherst, MA 01002. Tel. (413) 253-2883

coming events